

Dear Zoom! Patient,

Congratulations on your choice to enhance your smile!

Your scheduled Zoom! Appointment is on:

_____ Time: _____

Please reserve a minimum of 2 to 3 hours uninterrupted time for visit.

In preparation for your new smile we advise the following steps be taken:

- 1. Arrive 15 minutes prior to your scheduled appointment to complete your Zoom! Informed Consent Form**
- 2. Wear old, casual attire such as tee shirt and jeans. Hydrogen Peroxide will stain clothing if contact occurs.**
- 3. Arrive to the office with naked lips. Please do not wear lipstick or any form of lip protectant. Lipstick may not be worn for 48 hrs post-operative to treatment.**
- 4. Please advise the office if you are nursing or pregnant. We will need to reschedule the appointment. This procedure can not be preformed during either of these time tables.**
- 5. Please advise the office if you have Xerostomia or Dry-Mouth.**
- 6. Please advise the office if you are an excessive salivator.**
- 7. Please advise the office if you are currently receiving radiation treatments.**
- 8. Please advise the office if your teeth are sensitive.**
- 9. Please turn off all cell phones and pager upon entering the office.**
- 10. Do not bring children to this dental visit.**
- 11. Please use restroom prior to being seated.**

During the first 48 hours after your Zoom! Whitening Experience, you will need to follow a strict diet of eating and drinking clear or white foods and beverages. In addition, smokers should refrain from smoking during the first 48 hours. Attached to this letter you will find a post-operative instruction guide to reinforce the 48 hour limitations. Please feel free to contact our office if you have any questions.

We are looking forward to seeing you!